



University of Isfahan

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دانشگاه اصفهان

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Title

Visual arts and medicine and health

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Statement of Problem: Artistic expression grew in lockstep with human cultural development and has long played an integral part in how we teach, learn, communicate and heal. Since our earliest ancestors began telling stories to make sense of the world, we have evolved to learn from narrative, be it through visual media, song or performance. The arts are uniquely suited to help us understand and communicate concepts and emotions by drawing on all our senses and capacity for empathy. In recent decades, we have come to understand the intrinsic health benefits to artistic and leisure activities. Art can help us to emotionally navigate the journey of battling an illness or injury, to process difficult emotions in times of emergency and challenging events. The creation and enjoyment of the arts helps promote holistic wellness and can be a motivating factor in recovery. Including the arts in health care delivery has been shown to support positive clinical outcomes for patients while also supporting other stakeholders, including health care providers, the patient's loved ones and the wider community. Benefits are seen across several markers, including health promotion, the management of health conditions and illness, and disease prevention.

Research Purpose: By examining visual art works, especially historical works, you can understand the value of health and healing in all eras



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Research Method: The information of the article has been collected by analyzing the visual artworks and examining the depicted symbols and the background of the paintings.

Results and Conclusion: In this article, a number of works of art have been examined and analyzed, which beautifully show the human effort and ingenuity to save, ensure survival and improve the quality of life in terms of health and hygiene. Visual arts, including the works of painters such as Luis Jimenez Aranda , Luciano Nezzo , Jacques-Fabien Gautier D`Agoty, Trophime Bigot

It has been verified that the focus of most of the analysis is the works of Robert Alan Thom, who was an American illustrator. Specializing in depicting historical scenes for commercial clients. He is famous for his collection of 45 paintings depicting the history of medicine.

I hope it will be useful.

Keywords: visual arts, health, historical works of art, healing, Robert Alan Thom