**Therapeutic and medicinal properties of Pichkeh (*Allium longisepalum*) plant in Iranian traditional medicine**

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**‌Statement of Problem:** Traditional medicine demonstrate an important and often underestimated part of healthcare around the world. The ethnomedical practices derive from the experience of local people who have developed remedies against a wide range of diseases and handing down the knowledge over the centuries. Iran has a traditional rich medicine which deeply rooted in the history that goes back to the Aryan civilizations. One of the most important medicinal plants in Iranian traditional medicine, which has been known for many years (especially in the west of the country), is the Pichkeh (*Allium longisepalum*) plant.

**Research Purpose:** Pichkeh is a type of wild garlic with a taste similar to raw chives, which grows on the hillside of the Zagros mountains in the spring and is used in foods such as the local Kalaneh bread. In this study, we aim to investigate the therapeutic and medicinal properties of this plant using related articles and previous studies.

**Results and Conclusion:** Pichkeh has narrow leaves like a leek plant and its decoction is used to remove stomach acid and bitterness in the mouth. This plant is very spicy and it causes runny nose when crushed. Consumption of leaf extract is effective in relieving asthma by increasing the oxygen intake in the lungs. In addition, it has anti-inflammatory properties and is useful for treating chronic bronchitis. Also, consuming its decoction relieves cough and relieves rheumatism pain and bone and joint inflammation.

The local people of Kermanshah and Kurdistan use it in a local bread called Kalane, which is a complete meal and is named as the oldest fast food in the world. With Emphasizing on vitamins and beneficial compounds rich, this study advises readers to include this plant in their meals and benefit from its health benefits.

**Keywords:** Pichkeh, *Allium longisepalum*, Medicinal plants, Traditional medicine