**Medicinal and nutritional properties of honey from the perspective of medical science and traditional Medicine-Islamic texts**

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**Statement of Problem:**

For centuries, honey has been used as a natural medicine to treat a wide range of diseases, in ancient Egypt and Greece, in Chinese, Indian and Islamic medicine and as a complementary medicine.

**Research Purpose:**

The purpose of this research is to investigate the medicinal and nutritional properties of honey in common clinical diseases in modern medicine and traditional medicine and to review Islamic texts. **Research Method:**

In this review study, selected texts of Islamic traditional medicine, medical traditions and all articles registered in reliable scientific databases including Quran, Makhzan-Al-Advieh, Google Scholar, PubMed, Ovid and Magiran during the years 2010 to 2021 in human clinical trials and Common diseases (wound, gastrointestinal inflammation, cancer, brain and women) were searched and investigated in modern medicine and Traditional-Islamic medicine. 115 articles were selected in this work and among the selected articles; A total of 74 articles were used on wound, inflammation-digestive-cancer, brain and women's diseases.

**Results and Conclusion:**

Due to the many properties of honey, this substance is recommended in the healing of wounds, cancers, cancer, brain and women in modern medicine and traditional Islamic medicine. The results of this research show that antioxidant properties such as flavonoids and polyphenols are essential for human health and a healthy lifestyle. It acts as a strong antibiotic against

**Keywords:** Inflammation, cancer, wounds, women and the brain, honey, medical traditions, Islamic texts.